- 1. When was the last time you had to back down in a situation?
- 2. Who was the last person you bumped into? How did it happen?
- 3. Can you remember the last time you burst out something inappropriate?
- 4. What was the last event you had to call off? What happened?
- 5. Have you ever chickened out of something?
- 6. When something surprises you, can you carry on and pretend nothing happened?
- 7. What would you do if you were talking to a friend and they suddenly clammed up?
- 8. What's the last brilliant idea you've come up with?
- 9. How well can you deal with interruptions when you work/study?
- 10. What do you do when you are in a meeting that just drags on?
- 11. What is the last thing you didn't understand first, but then you figured it out?
- 12. Describe three people you get along with.
- 13. What 3 things would you like to get rid of in your life? (material and abstract)
- 14. What do you do when you hang out with friends?
- 15. Who do you look up to in your family?
- 16. What meal do you usually polish off?
- 17. Can you think of a time when someone ripped you off?
- 18. Have you ever run out of patience when talking to someone? What happened?
- 19. What ideas can you imagine sticking up for?
- 20. What was the stupidest thing anyone has ever talked you into?